

Lav	Cef
07:51	06:23
Km	Not
216	Si
Rip.G	
00:00	

	Rip.
	60:00

Lav	Cef
07:39	05:39
Km	Not
245	No
Rip.G	
15:13	

Lav	Cef
09:52	07:08
Km	Not
262	No
Rip.G	
15:25	

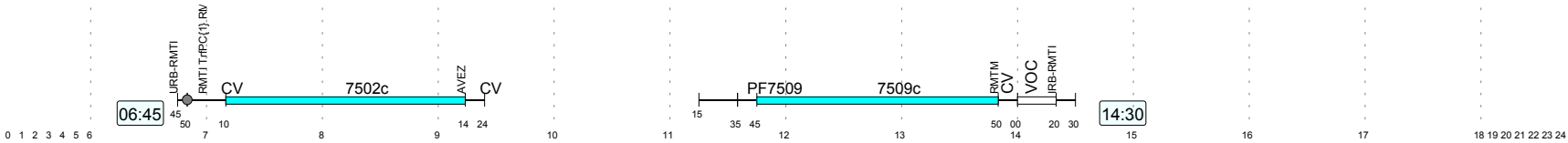
Lav	Cef
08:04	05:09
Km	Not
164	No
Rip.G	
15:52	

Lav	Cef
08:39	05:06
Km	Not
185	No
Rip.G	
00:00	

	Rip.
	55:35

2017/03/06

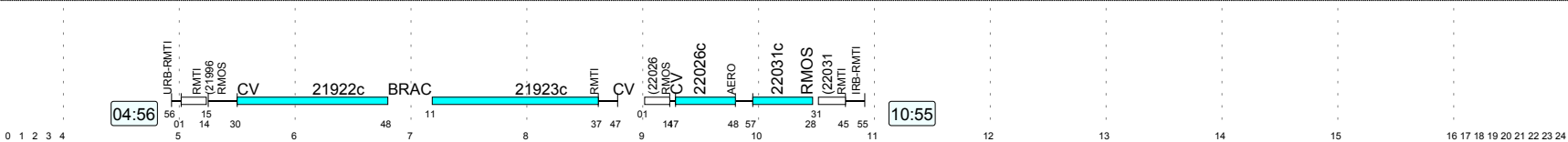
Lu
LA2302
23



Lav	Cef
07:45	04:09
Km	Not
212	No
Rip.G	
14:26	

2017/03/07

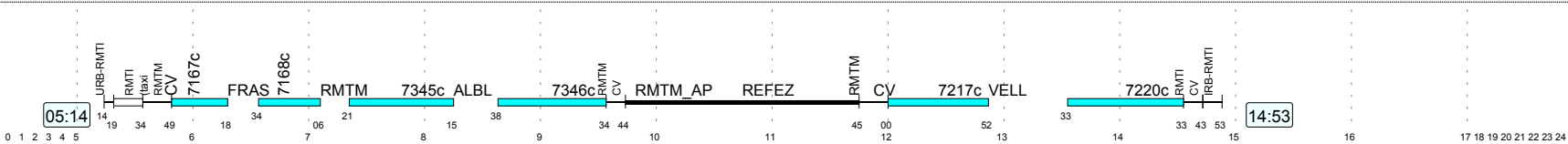
Ma
LA2048
24



Lav	Cef
05:59	04:58
Km	Not
145	Si
Rip.G	
18:19	

2017/03/08

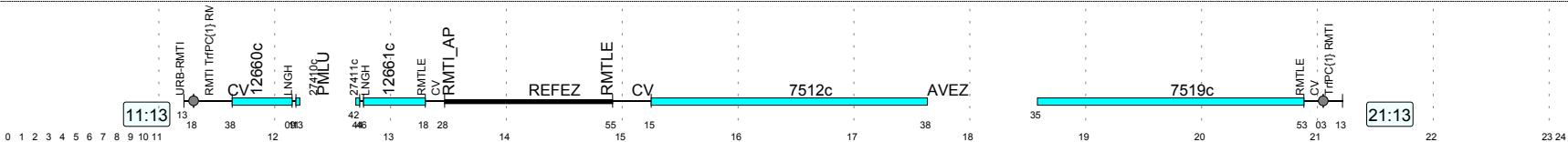
Me
LA2522
25



Lav	Cef
09:39	06:18
Km	Not
186	No
Rip.G	
20:20	

2017/03/09

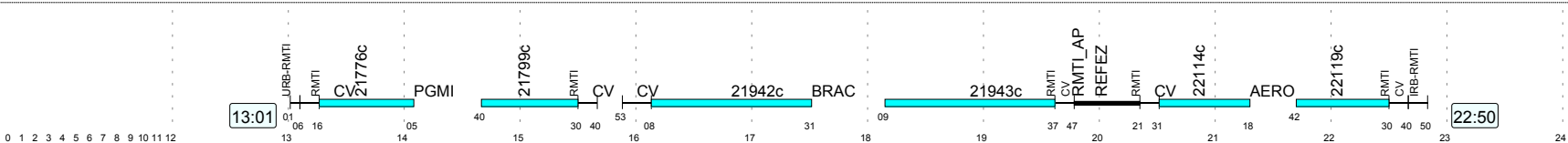
Gi
LA2303
26



Lav	Cef
10:00	07:18
Km	Not
239	No
Rip.G	
15:48	

2017/03/10

Ve
LA2038
27



Lav	Cef
09:49	08:20
Km	Not
255	No
Rip.G	
00:00	

2017/03/11

Sa
28

Riposo Weekend

	Rip.
	62:28

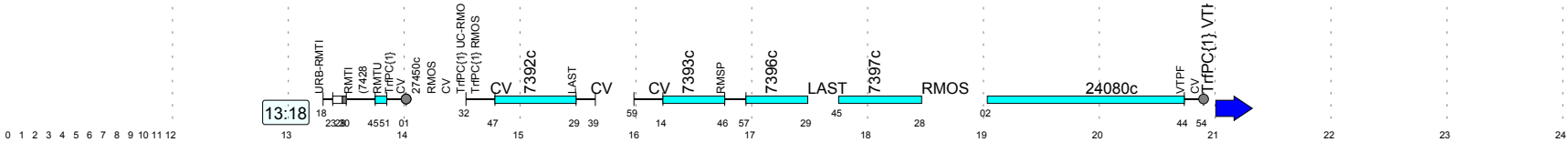
2017/03/12

Do
29

INTERVALLO

2017/03/13

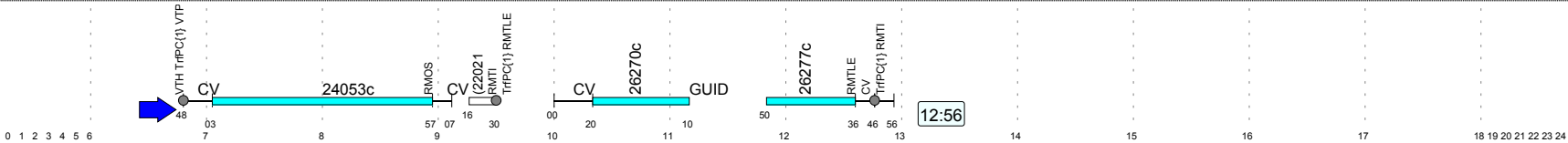
Lu
LA2058
30



Lav	Cef
07:36	05:18
Km	Not
160	No
RFR	
09:54	

2017/03/14

Ma
LA2058
31



Lav	Cef
06:08	04:10
Km	Not
137	No
Rip.G	
16:19	

Lav	Cef
05:39	04:59
Km	Not
219	Si
Rip.G	
00:00	

Lav	Cef
05:55	04:40
Km	Not
188	Si
Rip.G	
19:36	

Lav	Cef
09:27	06:31
Km	Not
180	No
Rip.G	
00:00	

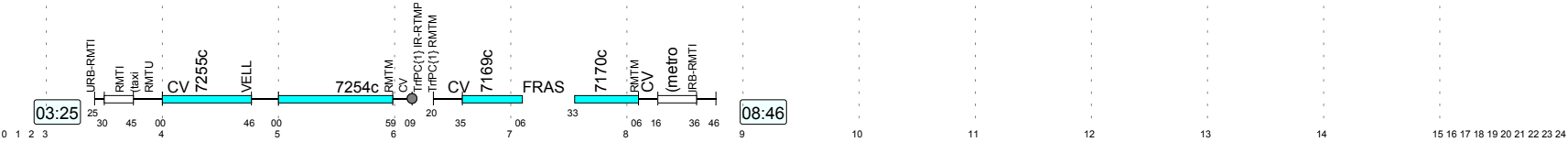
Figure 1: Schematic representation of the 24-hour day. The timeline shows various activities and their durations. Key activities include: 05:00 (start), 05:05 (LURB-RMTI), 05:20 (RMTI), 05:30 (laxi), 05:40 (RMSM), 05:50 (TAPC(t)), 06:00 (T1684), 06:24 (MRTD), 06:39 (CV), 06:57 (21837c), 07:06 (RMTI), 07:16 (7404c), 07:45 (CESA), 08:09 (7409c), 08:52 (RMTI), 09:02 (CV), 10:06 (CV), 10:16 (22044c), 10:32 (AERO), 10:42 (22049c), 11:03 (RMTI), 11:13 (CV), 11:20 (LURB-RMTI), 13:20 (end).

	Rip.
	61:22

Lav	Cef
08:20	04:57
Km	Not
156	No
Rip.G	
14:05	

2017/03/25

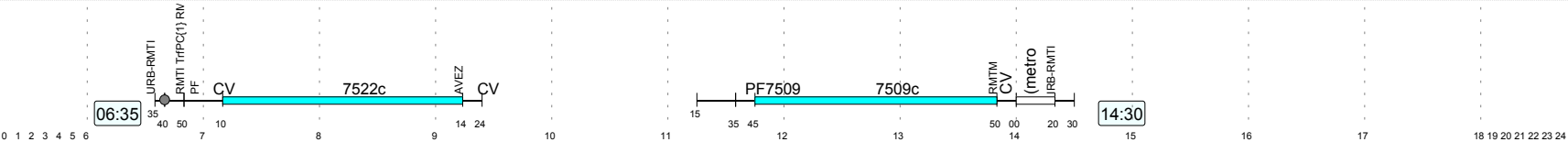
Sa
LA2502
42



Lav	Cef
05:21	04:06
Km	Not
126	Si
Rip.G	
20:49	

2017/03/26

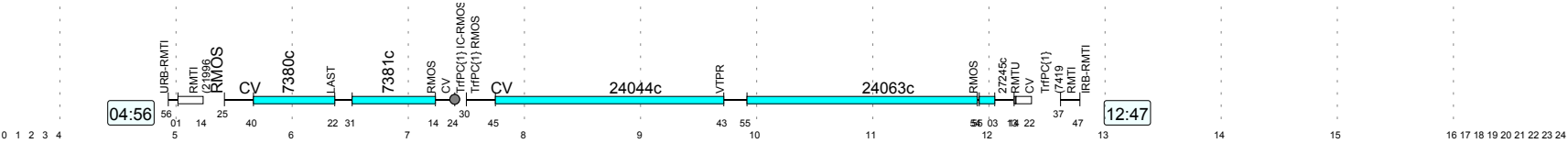
Do
LA2625
43



Lav	Cef
07:55	04:09
Km	Not
212	No
Rip.G	
14:26	

2017/03/27

Lu
LA2052
44



Lav	Cef
07:51	06:23
Km	Not
216	Si
Rip.G	
00:00	

2017/03/28

Ma
45

INTERVALLO

2017/03/29

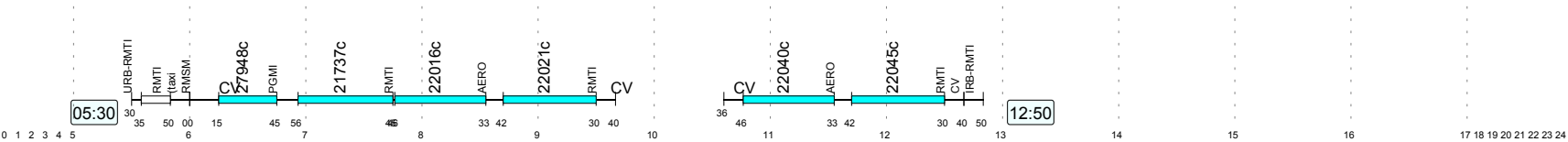
Me
46

Riposo

	Rip.
	64:43

2017/03/30

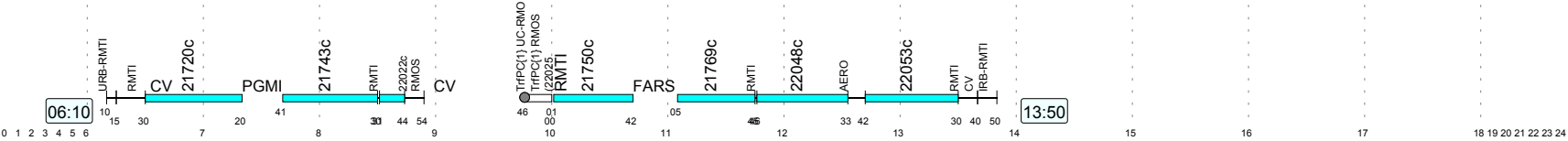
Gi
LA2584
47



Lav	Cef
07:20	04:59
Km	Not
210	No
Rip.G	
17:20	

2017/03/31

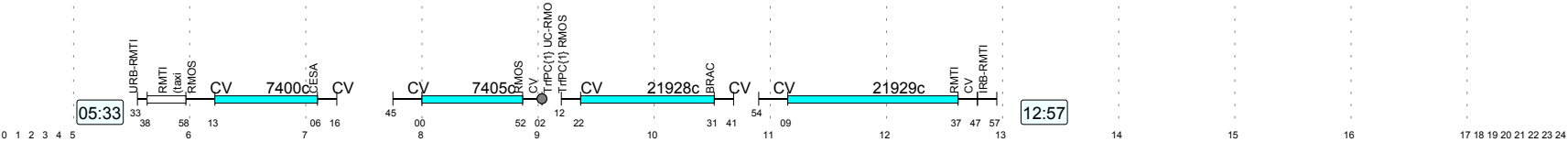
Ve
LA2068
48



Lav	Cef
07:40	05:43
Km	Not
224	No
Rip.G	
15:43	

2017/04/01

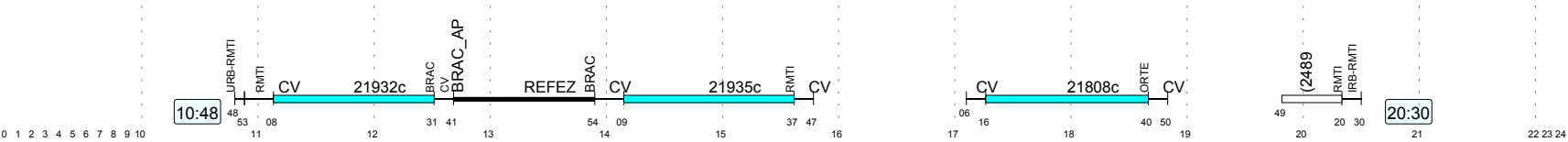
Sa
LA2027
49



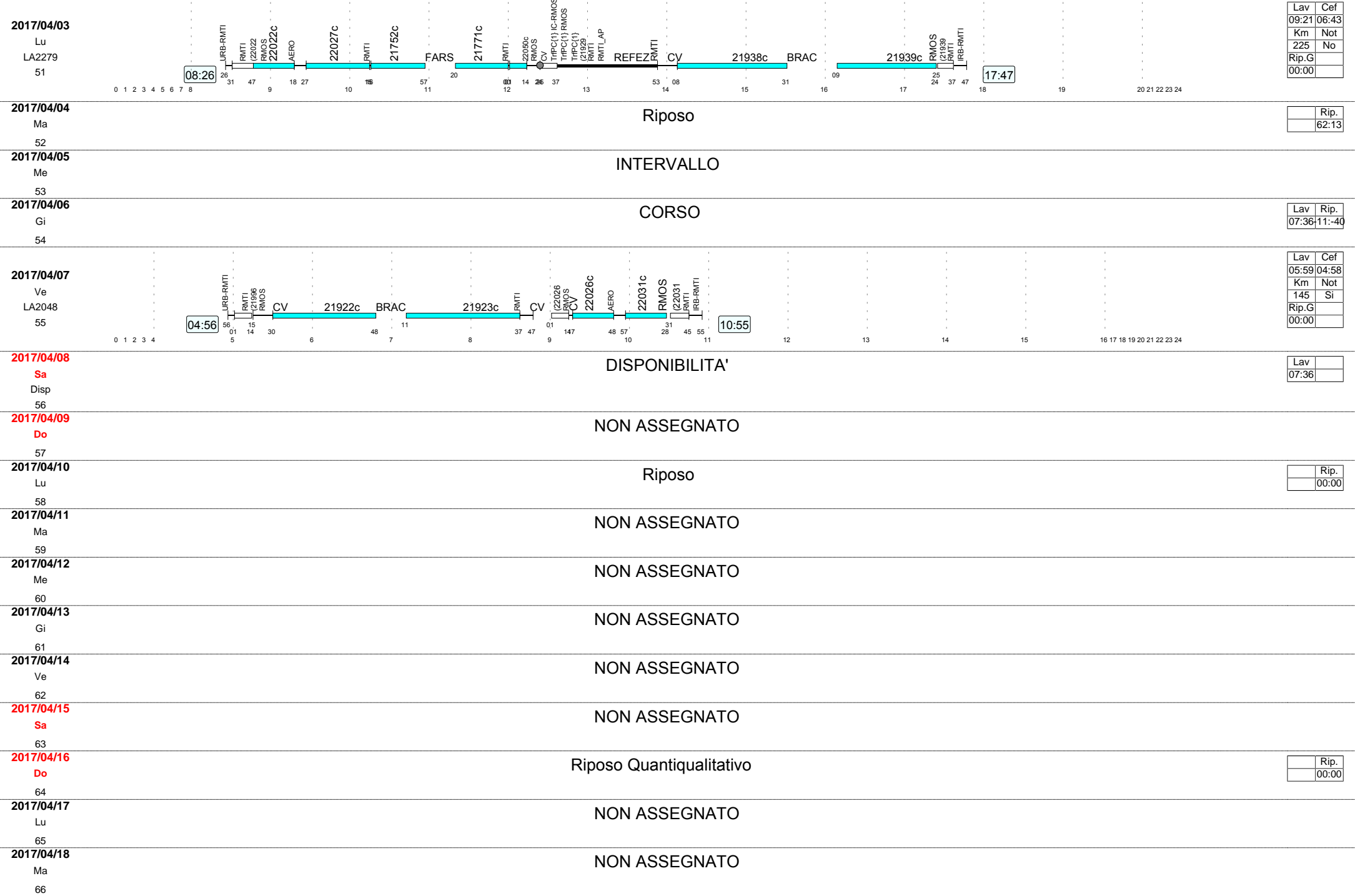
Lav	Cef
07:24	05:30
Km	Not
152	No
Rip.G	
21:51	

2017/04/02

Do
LA2003
50



Lav	Cef
09:42	04:15
Km	Not
181	No
Rip.G	
11:56	



2017/04/08

Sa

Disp

56

DISPONIBILITA'

Rip.

07:36

2017/04/09

Do

57

NON ASSEGNATO

2017/04/10

Lu

58

Riposo

Rip.

00:00

2017/04/11

Ma

59

NON ASSEGNATO

2017/04/12

Me

60

NON ASSEGNATO

2017/04/13

Gi

61

NON ASSEGNATO

2017/04/14

Ve

62

NON ASSEGNATO

2017/04/15

Sa

63

NON ASSEGNATO

2017/04/16

Do

64

Riposo Quantitativo

Rip.

00:00

2017/04/17

Lu

65

NON ASSEGNATO

2017/04/18

Ma

66

NON ASSEGNATO

2017/04/19	Me	NON ASSEGNATO					
67							
2017/04/20	Gi	NON ASSEGNATO					
68							
2017/04/21	Ve	NON ASSEGNATO					
69							
2017/04/22	Sa	NON ASSEGNATO					
70							
2017/04/23	Do	Riposo Quantitativo	<table><tr><td></td><td>Rip.</td></tr><tr><td></td><td>00:00</td></tr></table>		Rip.		00:00
	Rip.						
	00:00						
71							
2017/04/24	Lu	NON ASSEGNATO					
72							
2017/04/25	Ma	NON ASSEGNATO					
73							
2017/04/26	Me	NON ASSEGNATO					
74							
2017/04/27	Gi	NON ASSEGNATO					
75							
2017/04/28	Ve	NON ASSEGNATO					
76							
2017/04/29	Sa	Riposo Weekend	<table><tr><td></td><td>Rip.</td></tr><tr><td></td><td>00:00</td></tr></table>		Rip.		00:00
	Rip.						
	00:00						
77							
2017/04/30	Do	NON ASSEGNATO					
78							
2017/05/01	Lu	NON ASSEGNATO					
79							
2017/05/02	Ma	NON ASSEGNATO					
80							
2017/05/03	Me	NON ASSEGNATO					
81							
2017/05/04	Gi	NON ASSEGNATO					
82							
2017/05/05	Ve	Riposo	<table><tr><td></td><td>Rip.</td></tr><tr><td></td><td>00:00</td></tr></table>		Rip.		00:00
	Rip.						
	00:00						
83							
2017/05/06	Sa	NON ASSEGNATO					
84							

2017/05/07	NON ASSEGNATO					
Do						
85						
2017/05/08	NON ASSEGNATO					
Lu						
86						
2017/05/09	NON ASSEGNATO					
Ma						
87						
2017/05/10	NON ASSEGNATO					
Me						
88						
2017/05/11	Riposo	<table><tr><td></td><td>Rip.</td></tr><tr><td></td><td>00:00</td></tr></table>		Rip.		00:00
	Rip.					
	00:00					
Gi						
89						
2017/05/12	NON ASSEGNATO					
Ve						
90						
2017/05/13	NON ASSEGNATO					
Sa						
91						