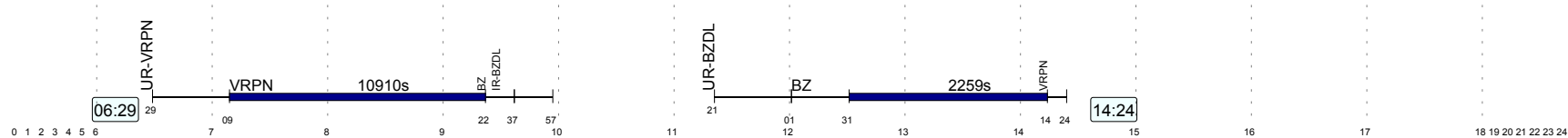


23/07/2013

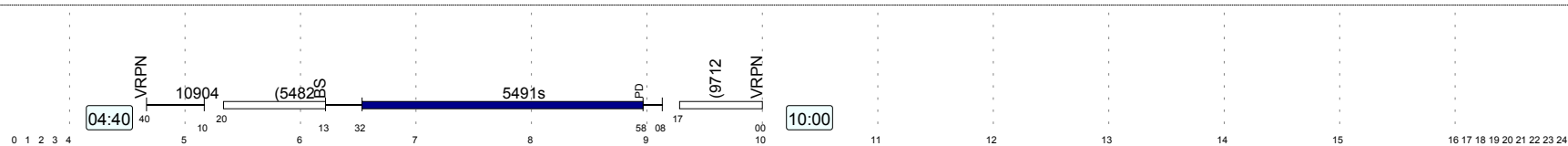
Ma
TR1802
10



Lav	
07:55	
	Not
	No
Rip.G	
14:16	

24/07/2013

Me
TR1307
11



Lav	
05:20	
	Not
	Si
Rip.G	
00:00	

25/07/2013

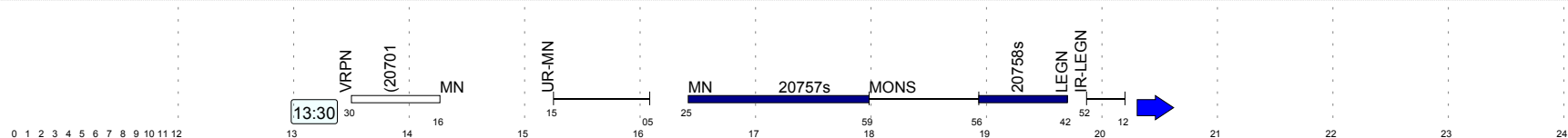
Gi
12

Riposo

	Rip.
	51:30

26/07/2013

Ve
TR1897
13



Lav	
06:42	
	Not
	No
RFR	
08:48	

27/07/2013

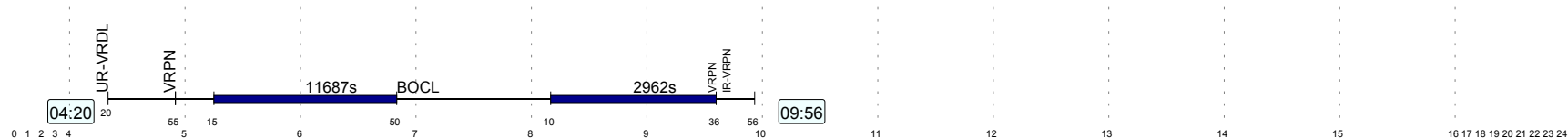
Sa
TR1897
14



Lav	
03:52	
	Not
	No
Rip.G	
00:00	

28/07/2013

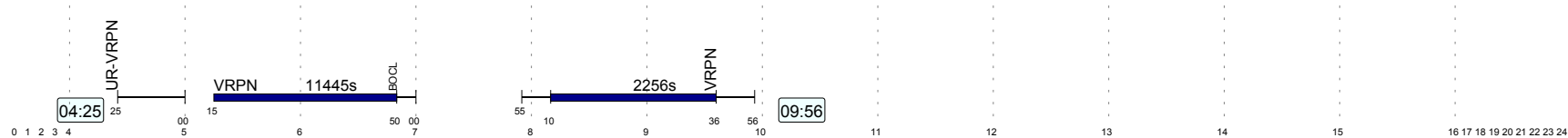
Do
TR1011
15



Lav	
05:36	
	Not
	Si
Rip.G	
18:29	

29/07/2013

Lu
TR1308
16



Lav	
05:31	
	Not
	Si
Rip.G	
00:00	

30/07/2013

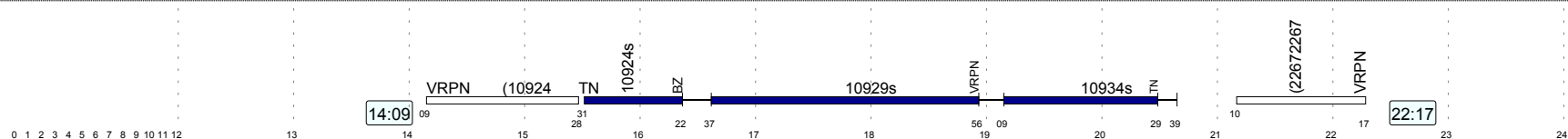
Ma
17

Riposo

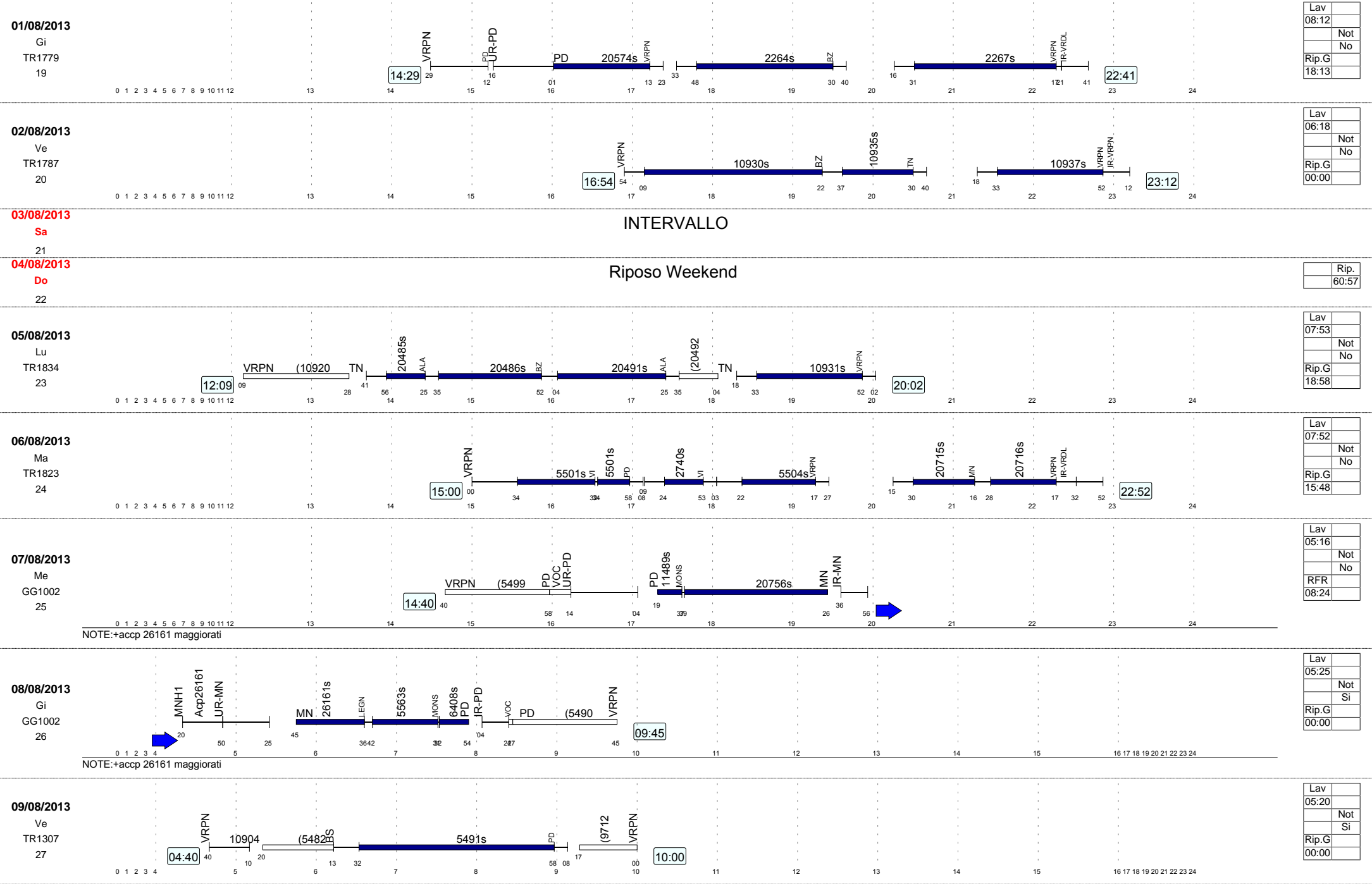
	Rip.
	52:13

31/07/2013

Me
TR1719
18



Lav	
08:08	
	Not
	No
Rip.G	
16:12	



Lav	
08:12	
	Not
	No
Rip.G	
18:13	

Lav	
06:18	
	Not
	No
Rip.G	
00:00	

	Rip.
	60:57

Lav	
07:53	
	Not
	No
Rip.G	
18:58	

Lav	
07:52	
	Not
	No
Rip.G	
15:48	

Lav	
05:16	
	Not
	No
RFR	
08:24	

Lav	
05:25	
	Not
	Si
Rip.G	
00:00	

Lav	
05:20	
	Not
	Si
Rip.G	
00:00	

10/08/2013

Riposo Quantitativo

	Rip.
	62:00

Sa

28

11/08/2013

INTERVALLO

Do

29

12/08/2013

FERIE

Lu

30

13/08/2013

FERIE

Ma

31

14/08/2013

FERIE

Me

32

15/08/2013

INTERVALLO

Gi

33

16/08/2013

Riposo

	Rip.
	48:00

Ve

34

17/08/2013

FERIE

Sa

35

18/08/2013

FERIE

Do

36

19/08/2013

FERIE

Lu

37

20/08/2013

FERIE

Ma

38

21/08/2013

FERIE

Me

39

22/08/2013

Riposo

	Rip.
	48:00

Gi

40

23/08/2013

INTERVALLO

Ve

41

24/08/2013

FERIE

Sa

42

25/08/2013

FERIE

Do

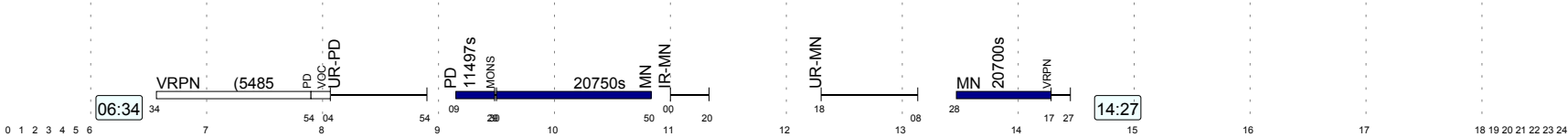
43

26/08/2013

Lu

GG1003

44



Lav	
07:53	
	Not
	No
Rip.G	
14:13	

Lav	
06:36	
	Not
	Si
Rip.G	
00:00	

	Rip.
	52:55

Lav	
06:45	
	Not
	No
Rip.G	
17:15	

Figure 1: Schematic representation of the two experiments. The top part shows the timeline for Experiment 1 (N=12) with a total duration of 16:11. It includes a 11s VLPN period, a 2261s BOCL period, and a 4s VLPN period. The bottom part shows the timeline for Experiment 2 (N=23) with a total duration of 22:56. It includes a 30s VLPN period, a 10s BOCL period, a 2270s VLPN period, and a 56s VLPN period.

Lav	
06:45	
	Not
	No
Rip.G	
16:23	

Lav	
07:33	
	Not
	No
Rip.G	
17:27	

Genomic map of the VESL gene region on chromosome 12. The map shows two exons, 19 and 20, separated by an intron. Exon 19 is 16:19 kb long, and Exon 20 is 20:59 kb long. The gene structure is shown with a blue bar representing the coding sequence. The gene is labeled VESL_AP. The map includes a scale bar from 0 to 24 kb and a legend for the gene structure.

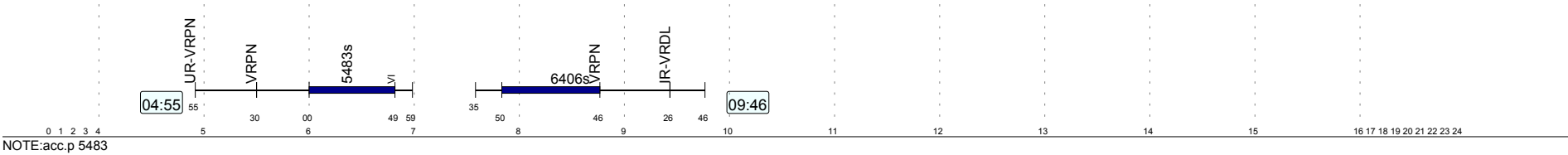
Lav	
07:11	
	Not
	No
Rip.G	
00:00	

	Rip.
	54:24

Lav	
07:50	
	Not
	No
Rip.G	
15:11	

05/09/2013

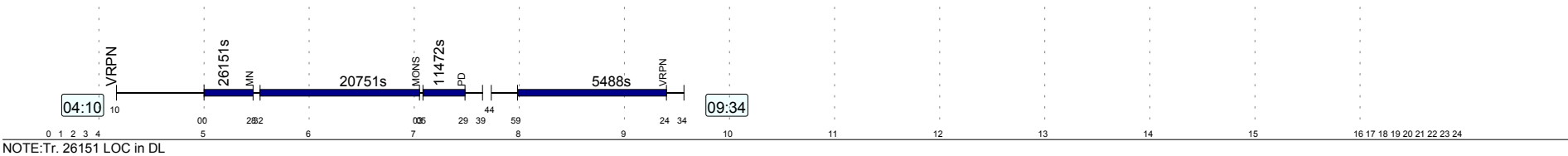
Gi
TR1335
54



Lav	
04:51	
	Not
	Si
Rip.G	
18:24	

06/09/2013

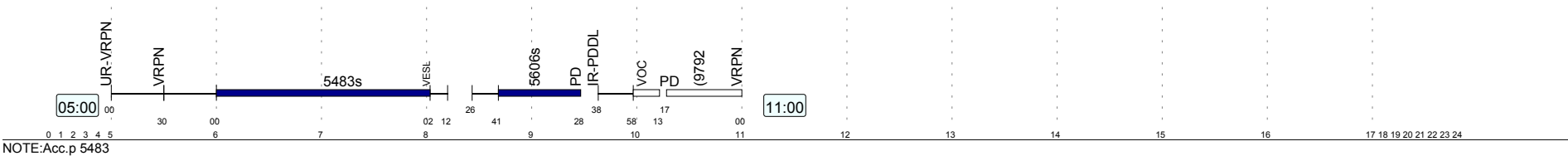
Ve
TR1317
55



Lav	
05:24	
	Not
	Si
Rip.G	
19:26	

07/09/2013

Sa
TR1494
56



Lav	
06:00	
	Not
	No
Rip.G	
00:00	

08/09/2013

Do
57

NON ASSEGNATO

09/09/2013

Lu
58

Riposo

	Rip.
	00:00

10/09/2013

Ma
59

NON ASSEGNATO

11/09/2013

Me
60

NON ASSEGNATO

12/09/2013

Gi
61

NON ASSEGNATO

13/09/2013

Ve
62

NON ASSEGNATO

14/09/2013

Sa
63

NON ASSEGNATO

15/09/2013

Do
64

Riposo Quantitativo

	Rip.
	00:00

16/09/2013

Lu
65

NON ASSEGNATO

17/09/2013

Ma
66

NON ASSEGNATO

18/09/2013	NON ASSEGNATO					
Me						
67						
19/09/2013	NON ASSEGNATO					
Gi						
68						
20/09/2013	NON ASSEGNATO					
Ve						
69						
21/09/2013	NON ASSEGNATO					
Sa						
70						
22/09/2013	Riposo Weekend	<table><tr><td></td><td>Rip.</td></tr><tr><td></td><td>00:00</td></tr></table>		Rip.		00:00
	Rip.					
	00:00					
Do						
71						
23/09/2013	NON ASSEGNATO					
Lu						
72						
24/09/2013	NON ASSEGNATO					
Ma						
73						
25/09/2013	NON ASSEGNATO					
Me						
74						
26/09/2013	NON ASSEGNATO					
Gi						
75						
27/09/2013	NON ASSEGNATO					
Ve						
76						
28/09/2013	NON ASSEGNATO					
Sa						
77						
29/09/2013	Riposo Weekend	<table><tr><td></td><td>Rip.</td></tr><tr><td></td><td>00:00</td></tr></table>		Rip.		00:00
	Rip.					
	00:00					
Do						
78						
30/09/2013	NON ASSEGNATO					
Lu						
79						
01/10/2013	NON ASSEGNATO					
Ma						
80						
02/10/2013	NON ASSEGNATO					
Me						
81						
03/10/2013	NON ASSEGNATO					
Gi						
82						
04/10/2013	NON ASSEGNATO					
Ve						
83						
05/10/2013	NON ASSEGNATO					
Sa						
84						

06/10/2013

Do

Riposo Weekend

	Rip.
	00:00

85

07/10/2013

Lu

NON ASSEGNATO

86

08/10/2013

Ma

NON ASSEGNATO

87

09/10/2013

Me

NON ASSEGNATO

88

10/10/2013

Gi

NON ASSEGNATO

89

11/10/2013

Ve

NON ASSEGNATO

90

12/10/2013

Sa

NON ASSEGNATO

91